

Wellness Discount Program



Premium Discounts Begin 4/1/22

To qualify, employees must complete requirements between 2/1/21-1/31/22

Requirements:

- Annual Physical*
- Preventive Exams
 - Mammogram (women ages 40 to 69): Every 12-24 months
 - Cervical Cancer Screening (women ages 21 to 64): Every 36 months
 - Colorectal Cancer Screening (adults ages 50 to 75): Fecal Occult Blood test every year, Cologuard test every 3 years, Sigmoidoscopy every 5 years or Colonoscopy every 10 years

*Your Medical Insurance covers one annual physical per plan year (NOT calendar year) at 100% (4/1-3/31). Therefore, Aetna does not require you to have 365 days between visits.

Employees are Responsible for Checking Their Compliance:

There are two ways to check your compliance:

1. From Lawson - Go to Bookmarks then Self Service under Benefits / Current Benefits. Once the screen opens, you will need to change the effective date to 4/1/2022 and hit continue to check your status for the 2022/2023 plan year. Make sure to use the bar on the right to scroll down to see the Wellness Incentive.
2. From Home – Go to www.liberty-healthcare.com. Select 'Liberty Portal' and under Benefits select Current Benefits. Once the screen opens, you will need to change the effective date to 4/1/2022 and hit continue to check your status for the 2022/2023 plan year. Make sure to use the bar on the right to scroll down to see the Wellness Incentive.

Incentive:

- Employee or Spouse Only: \$20/pay period (\$520 annually)
- Employee + Spouse: \$40/pay period (\$1,040 annually)

Questions?

Please contact your Benefits Administrator at 1.910.332.1922 with any questions.

If calling after hours, please leave a message. We will respond to your voicemail on the next business day.